



Holding Space for Pregnancy Loss

especially for Catholics, all are welcome

June 25, 9am-3pm EST

Little Flower Catholic Church parish hall

South Bend, Indiana

Register at www.abbythesociologistdoula.com

Cost: \$180; scholarships available



THE INSTITUTE FOR THE STUDY
OF
BIRTH, BREATH, AND DEATH



Holding Space for Pregnancy Loss

Learn how to care for loss families
and for yourself in three ways:
companioning, support networks,
and ritual.



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About the training



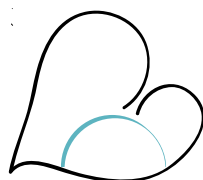
Holding Space for Pregnancy Loss

As the Church proclaims the intrinsic value of every human life, She also calls us to honor every human death. Even those well-versed in loss and grief may struggle with how to walk alongside those who mourn those lost to miscarriage and stillbirth.

Come join us in discussing three ways in which we can comfort the sorrowful: companioning, support networks, and ritual. This course provides practical suggestions for caring for the other and caring for the self as we engage in these acts of mercy, beauty, and justice.



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Abby the Sociologist Doula

About the instructor



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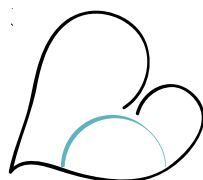
As a bereavement doula who has served over one hundred families through loss, I know how difficult conversations and support around early loss can be.

This is why I became a teacher for the Institute for the Study of Birth Breath and Death, and – combined with my Catholic faith – it is the reason why I have created a particularly Catholic version of this training. (You can learn more about me and the Institute [here](#).)

So, as the facilitator of this training, my goal is that participants leave feeling more confident and prepared in having strategies to support friends, family, and fellow parishioners experiencing miscarriage or stillbirth.



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